

HELOA conference 2022

Understanding Gender Diversity

Sam Hope

Image of baby boy and girl cards. Blue for boy and pink for girl. Said brilliant for boy and beautiful for girl. Discussed thoughts on the image e.g. stereotypical, colour association

Free resources on Sam-hope.co.uk

Intersex people are 1 in 20 or 1 in 200 depending on how you count them. More likely to be trans if intersex.

Cis means same side. Cis are people who aren't trans.

British empire bad for LGBT+ issues across the world.

Before WW2 there was lots of LGBT+ acceptance.

Gender incongruence = trans. Declassified as mental illness in 2019.

Saying ladies and gentlemen and boys and girls excludes non binary people.

Pays to be affirmative.

3 years waiting list for gender clinics.

Be aware of clusters like being trans and autistic.

How can we have more inclusive conversations?

Pronouns in email signatures and when introducing self say pronouns.

Good transgression on forms – have name and preferred name

How to start a session without saying ladies and gents?

Ladies, gents and everyone else

Boys, girls and those who don't identify as boys and girls.

Hi folks

Email questions to Sam.