# Queer to Stay

Recognising LGBTQ+ students as WP target groups and interventions to support them

**Kirsty McLaren** 







#### 11:30 - 11:35

## About me

### Senior WP Officer

Co-Chair of Proudly King's LGBTQ+ Staff Network

Not an expert, just someone who had the courage and encouragement to give something a go.

Get in touch! Send an MS Teams Message to kirsty.mclaren@kcl.ac.uk

## About today

- Privilege for Sale
- Overview of the barriers faced by LGBTQ+ students
- Overview of the Pride Power Programme
- Wrap up, Q&A & Feedback



## House Rules

- Be open, be brave, use 'kind eyes'
- Don't be afraid to make mistakes.
- We're a trans-inclusive group following what the statistics are telling us, and what we believe is the right thing to do.



The word 'privilege' can be jarring for people, but it needn't be. It's something we all experience.



The word 'privilege' can be jarring for people, but it needn't be. It's something we all experience.

Even within the LGBTQ+ community.



This task helps us put ourselves in the shoes of a current student and the real life experiences they face. Put yourself into groups of 4 or there abouts.

I'll put a list of privileges on the next slide. Each person has £100 to spend on a privilege. If you do not buy a privilege, assume that you will not have it as a student. What's most important to you? What are you struck by?



Go through your studies without being verbally attacked

Go through your studies without being physically attacked Study for your degree without your identity being critiqued in the news

Have the emotional support of your family through university

Study without negative remarks from staff members

Attend a university whose safeguarding policies include your sexual orientation

Apply to university with grades that accuretely reflect your academic potential

Have support from staff that have been trained in supporting students of your identity Hold hands with your partner without being stared at on campus

Have people in your community that share your interests and values Have people within your religious community accept you and visa versa Have professors use examples you can relate to in the curriculum



Study without negative remarks from staff members Eenjoy the things you enjoy without being considered a stereotype

Attend a space where I feel safe to be myself when I am relaxing Stay with my family over the university breaks without needing to hide anything

Have every part of your identity celebrated, and not have to leave any behind Go to the doctor and getting treatment that matches your identity with doctors who know how to treat you

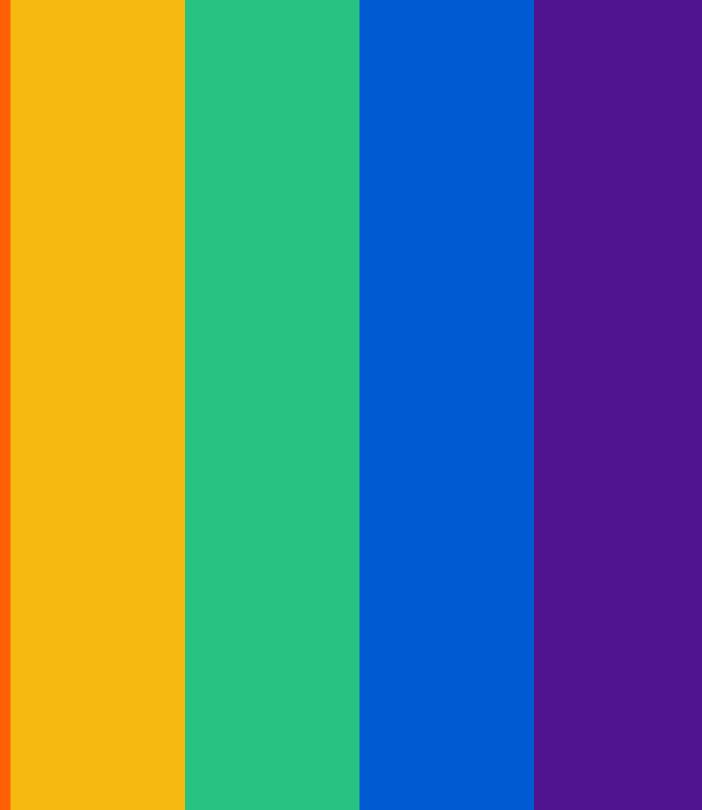
Go to the toilet without being shouted at

Have your coursemates know and acccept all parts of your identity

## What are the issues?







# What are the issues?

### Pre University

More likely to be estranged and more likely to skip school and achieve poor grades.

#### University and beyond

More likely to experience discrimination and harassment, more likely to drop out and less likely to achieve top results.

#### **BULLYING**/ HARRASSMENT

### LACK OF BELONGING





### We categorised this into 3 areas (below)

Sources: The NUS, Stonewall, the **Trevor Project and UCAS** 

**POOR MENTAL HEALTH** 

#### **BULLYING**/ HARRASSMENT



of lesbian, gay, bi and trans pupils (45 per cent) – including 64 per cent of trans pupils – are bullied for being LGBT at school

Of trans pupils recieve death threats at school

Of schools did not condemn transphobic bullying.

#### LACK OF BELONGING







Students say they have experienced queerphobic harassment from staff and/or students.

#### **WELLBEING/MENTAL HEALTH**

LACK OF BELONGING



Of non binary students have considered dropping out compared to the average of 35%



Of students who seriously considered dropping out said it was because they didn't fit in.

#### BULLYING/ HARRASSMENT



# 

### Of estranged students identify as LGBTQ+

#### **WELLBEING/MENTAL HEALTH**

WELLBEING/MENTAL HEALTH



Of LGBTQ youth seriously considered attempting suicide in the 2023.\*



Of students experienced mental ill health within the past year

LGBTQ youth who live in a community that is accepting of LGBTQ people reported significantly lower rates of attempting suicide than those who do not.



#### LACK OF BELONGING



# 

of LGBTQ+ youth who wanted mental health care in the past year were not able to get it.

## What we did The birth of the Pride Power Programme



# Where we've got to

And ways we've imrpoved

Analysis

People

#### How it started Higher education: policy, people and politics. ABOUT US EVENTS LATEST ARTICLES JOBS MONDAY BRIEFING WONKHE DAILY BLOGS

Comment

Data

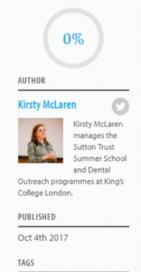
| firstname |           |  |
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| email     | SUBSCRIBE |  |
| SEARCH    |           |  |

Comment

#### LGBT+ issues in higher education: are we doing enough?

Policy Watch

Registrarism



Access & WP



Spoiler alert... the answer is no. It's often baffled me that how a

#### RECENT ARTICLES Competition: name the new sector agency Team Wonkhe / STACKS / OCT 13TH / COMMENTS 🛛 / Campus life & community - the continuing relevance of Ernest Boyer Paul Greatrix / REGISTRARISM / OCT 13TH A new framework is born: meet KEF Louis Coiffait / POLICY WATCH / OCT 12TH / COMMENTS O /





### How it's going

## What did we want to achieve?

We can't fix the queerphobia that leads to the issues we've discussed. So what can we teach/give students that will counteract the issues of bullying/harassment? Lack of belonging? Poor mental health?

### BELONGING

Ultimately, we're trying to create a community Pride Power students belong to that will be there for them through the inevitable tough moments in their journey.

### CONFIDENCE

Being confident in your own skin is a core part of resilience and boundarysetting.



## WELLBEING 'The horrors persist but so do l' - encouraging students to treat their wellbeing with as much importance as their studies.

### LGBTQ+

 $\mathbf{\dot{\pi}}\mathbf{\dot{\pi}}\mathbf{\dot{\pi}}\mathbf{\dot{\pi}}$  $\dot{\mathbf{n}}$   $\dot{\mathbf{n}}$   $\dot{\mathbf{n}}$   $\dot{\mathbf{n}}$  $\mathbf{\dot{\wedge}}\mathbf{\dot{\wedge}}$ 92%

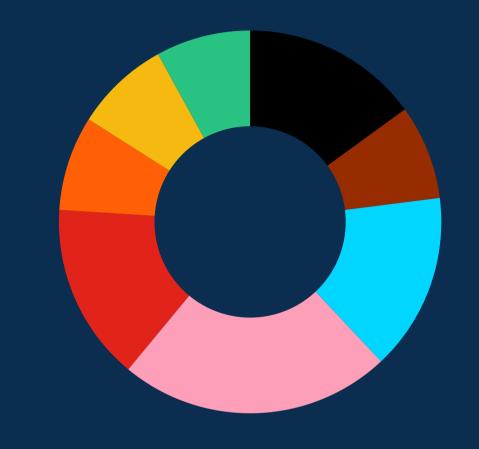
Were not 'out' to their friends, school or family/carers.

### $\dot{\mathbf{x}}$ $\mathbf{\dot{n}}$ $\mathbf{\dot{n}}$ $\mathbf{\dot{n}}$ $\mathbf{\dot{n}}$ $\dot{\Lambda}$

53%

Came from households that were actively queerphobic.

### **ETHNICITY**





15% White - British or Irish Asian or British Asian - (other) 15% Asian or British Asian - Bangladeshi

- 23% Asian or British Asian Indian
- 15% Asian or British Asian Pakistani 8% Black or Black British - African 8% Black or Black British - Caribbean
- 8% Latin American

### Who are the students?

#### WP

Students on Pride Power are all part of the K+ programme, so will meet the programme's competitive WP criteria.



30%

Had significant accessibility needs, compared to...



Of the K+ Cohort.

The programme was designed to address the evaluation questions, meaning we could really be sure we were achieving each aim.

| Belonging  |
|------------|
| Confidence |
| Wellbeing  |

### Day 1



| 10:00 | Student packs given   | 10:00 | Ambassador role models   |
|-------|-----------------------|-------|--------------------------|
| 10:15 | Start of icebreakers  | 10:15 | Making change            |
| 11:00 | Journey Mapping       | 11:00 | Queer in My Career*      |
| 12:30 | Lunch                 | 12:15 | Lunch                    |
| 13:30 | Design a society      | 13:15 | Travel to the Tate       |
| 15:00 | LGBTQ+ researchers    | 14:00 | Private tour of the Tate |
| 16:00 | Reflections and close | 15:30 | Reflections and close    |

Regular reunions and check ins that made sense for them.

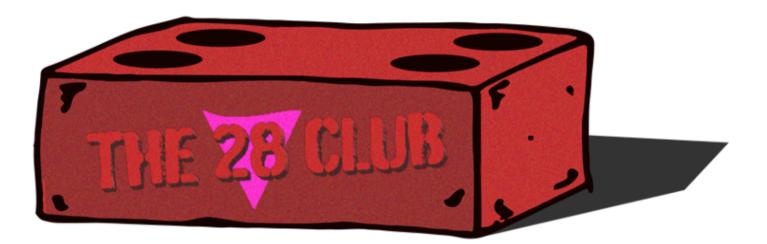
## **Day 2**

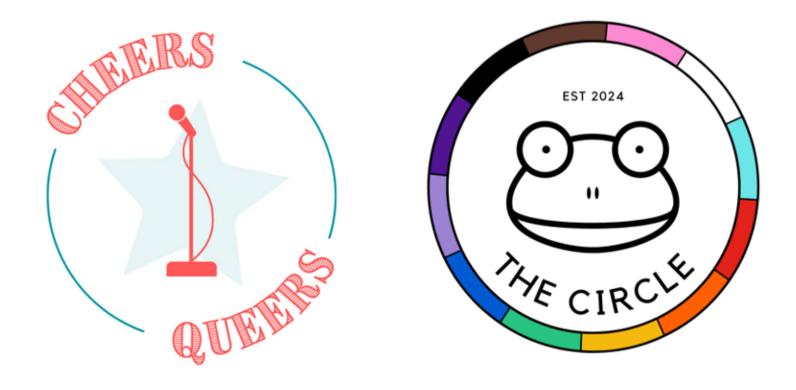


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The one way we could attempt to have an impact on bullying/harassment as an issue

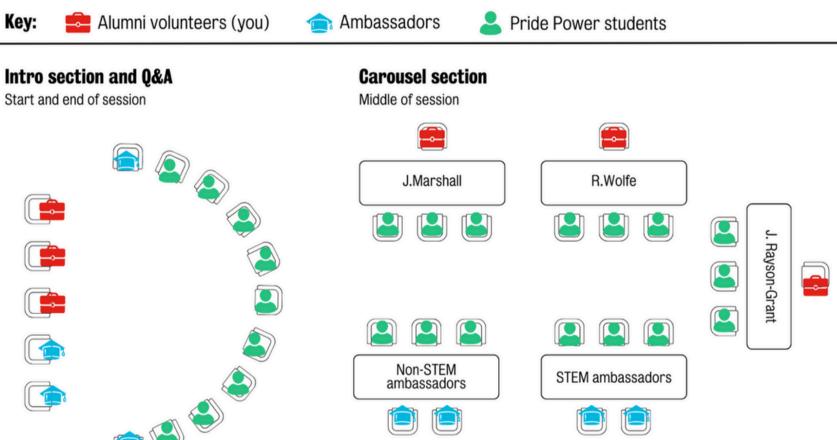


# Making Change -Community Organising Techniques

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#### **Icebreaker** questions

#### Intro questions

- · Why did K+ attract you?
- · What made you want to join Pride Power?
- · What are your favourite subjects at the moment? Which ones are the hardest?
- · If you had to go to a uni outside of London, where would you g09
- · What makes you most excited about university?
- · What would you love to know about being LGBTQ+ at university?

#### Other questions

- · What's your idea of a perfect day?
- · What dish is your go-to that gives you a feeling of 'home'? - If you could live in any book, TV show, or movie world for a
- week, where would you go? · What's a hobby or skill you've always wanted to pick up but never did?
- . If you had a time machine, would you go to the past or the future? Why?
- · What's something you're proud of but never have an excuse to talk about?
- · If you had to host a podcast, what would your topic be? · What's something you've done that pushed you out of your comfort zone?

#### Things to remember

- Just by being here, you've already proved you can be brave. Bravery isn't about the absence of fear, it's about recognising that something is scary (e.g. turning up alone to a Pride Power event with people you've never met), and doing it regardless of that fear.
- 2 Everyone here wants the best for you. Even if someone is applying to the same degree as you, they are your support system from now on. They aren't competition, they're your ticket to success. Staying in touch on K+ can be incredibly valuable

3 You now have access to a community and a network that

two days, it's up to you whether you want to carry that on. We hope you will < 1/2 >

#### **Route to the Tate**

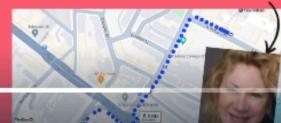
Walk out of Strand entrance, turn right onto Surrey Street, then left onto Temple Place.



On the underground, take the Circle or District ine westbound for 4 stops to Victoria. Change at Victoria for the Victoria line and ride 1 stop to Pimlico.

| Witterta<br>Toutificand                                      | Circle or District       |
|--|--------------------------|
| O Viccole<br>I<br>⊖ Printico                                 | Temple A Straps Discount |
| f Wyth in Tata Britain<br>B Tat - Britainmy's Scient (North) | Victoria                 |

Exit via Bessborough Street (North). Turn left and follow the road down until you need to cros the street and go down John Islip Street. Walk past the UAL campus and turn right onto Attersbury Street. We'll be using the Manton Entrance which is halfway down the road on the left hand side. Our tour guide is Rachel Barnes.





Thursday 15th & Friday 16th February



Never underestimate how powerful design, branding and space can be.





## **Evaluating the outcomes**

We used a modified version of the LGBTQ+ belongingness scale and the Higher Education belongingness scale to measure Pride Power, along with letters to their future selves.



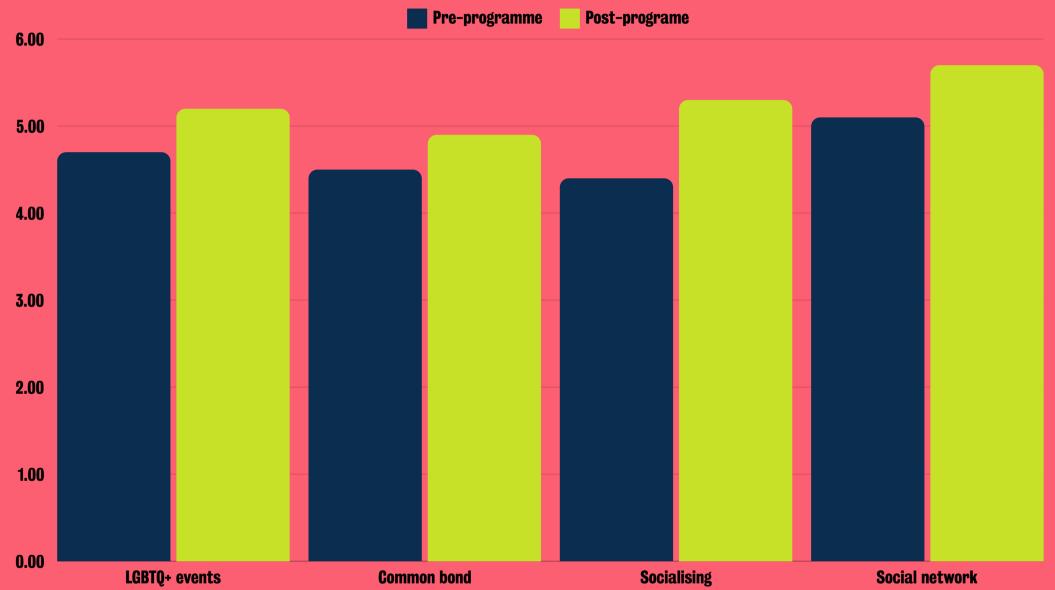






### BELONGING

Questions relating to how important a persons' LGBTQ+ identity is, how much they feel a bond with others, and their ability 1.00 to bond with others in the community.



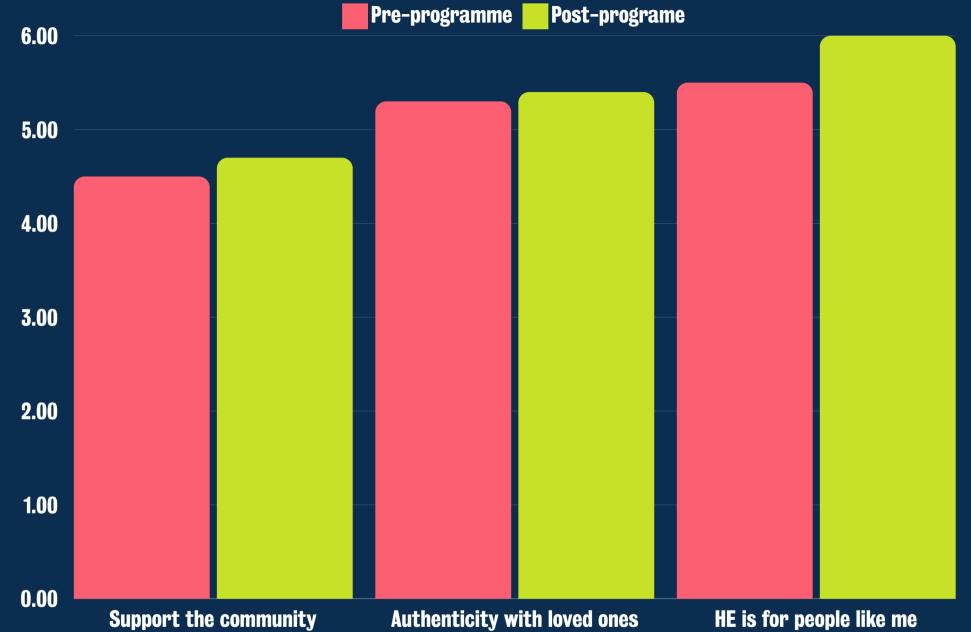
#### CONFIDENCE



### **POOR MENTAL HEALTH**

### CONFIDENCE

Questions relating to how how important it is for students to be supportive of the community and their ability to be authentic with their loved ones.



#### BELONGING

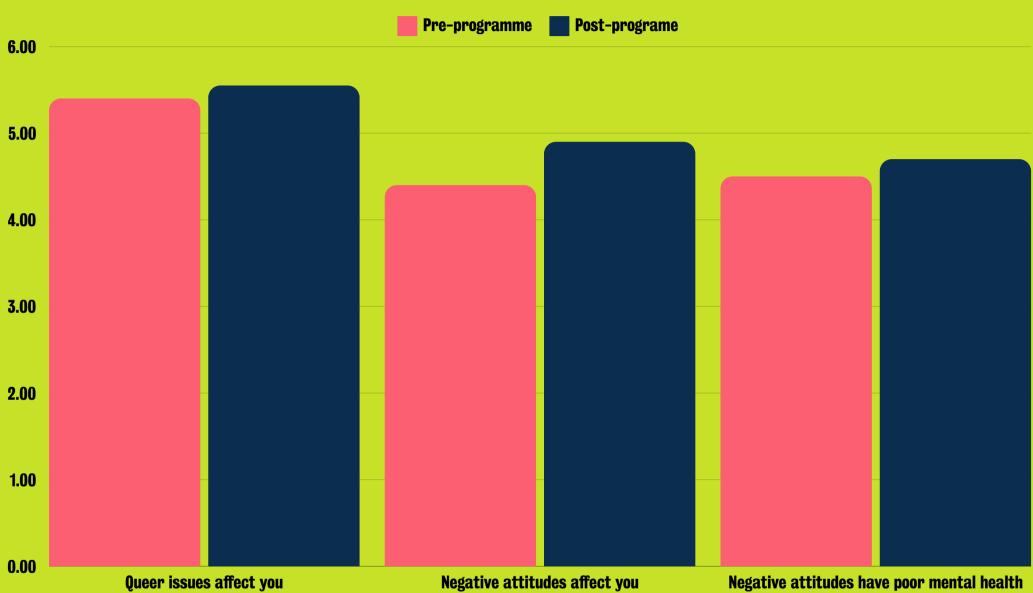


#### **WELLBEING**

### **WELLBEING**

#### Questions relating to how affected students are by negative LGBTQ+ attitudes.

These are the most interesting results.



BELONGING

#### CONFIDENCE



Negative attitudes have poor mental health







## Questions