

## COVID-19 Safety Guidance for HELOA National Training Events

Despite COVID-19 restrictions being lifted in England, the HELOA UK Committee and Training team are still committed to ensuring maximum safety, comfort and confidence for our members attending physical meetings and training events. Therefore, please follow the below guidance:

1. Delegates attending physical events are asked to provide proof of double- vaccination, a negative lateral flow (taken within 24 hours of arrival at the venue) or natural immunity (a positive PCR test taken within 180 days before the event). You can do this using the NHS Covid Pass, a NHS Test and Trace Covid-19 test notification or a recognised equivalent. Lateral flow tests can be ordered online for free.
2. If you are feeling unwell or experiencing any Covid-19 symptoms prior to the event self-isolate, arrange a PCR test and notify the HELOA Training Team that you will be unable to attend. If you develop COVID-19 symptoms during or after the meeting, notify a member of UKC that you will be leaving the meeting, self-isolate and arrange a PCR test. If you receive a positive result, Test and Trace will inform the necessary contacts.
3. If you test positive whilst at an event, government guidance outlines that you should arrange a PCR test and travel home via private transport to self-isolate as soon as possible. If this is not possible, your institution will be liable for any travel arrangements or additional nights accommodation required. We suggest members travel via private transport where possible.
4. If you are double-vaccinated, we ask you to also take a lateral flow test (taken within 24 hours of arrival at the venue) and we encourage members to carry out 2 lateral flow tests per week.
5. For our New Practitioners and Professional Development Conferences, social distancing will be observed as much as possible, with seating decreased on each cabaret table. We will also have the tables more spaced out across the room in line with health and safety guidelines.
6. We also encourage members to continue wearing face masks whilst walking around buildings and rooms, unless exempt, however it is a personal choice.
7. We recognise that some members may still be conscious of large gatherings and close contact with delegates from other institutions as well as speakers and sponsors. With this in mind we will provide coloured lanyards which indicate your preference for social contact or distance. Please respect the preferences of your fellow colleagues.

Red - Social distancing: please keep a 2-metre distance where possible

Yellow - Proceeding with caution: please allow some distance

Green - Comfortable with social interactions

8. Hand-sanitising facilities will be available within buildings and rooms. Tables, desks, lecterns and surfaces will be cleaned regularly by hotel staff where possible.
9. Members are also encouraged to bring their own hand sanitiser and face masks and by attending conference you acknowledge your personal responsibility for adhering to Covid-19 guidelines.
10. An NHS Test & Trace QR code will be available for members to scan upon arrival. The HELOA Training Team will also be able to take test and trace details for those without QR code-scanning capability. We will comply with requests from Track and Trace for delegate details if necessary.

*Please note the above is subject to change based on government guidance for large events and our venues' Covid-19 precautions.*