



## **Breakfast**

### **From the Buffet**

#### *TRADITIONAL BRITISH BREAKFAST*

Enjoy it in full or select your favourites: sausage and bacon, mushrooms, hash browns, baked beans, tomatoes, black pudding and eggs. Also includes everything from our continental selection

#### *CONTINENTAL BREAKFAST*

Select from a wide choice of cereals, muesli, yoghurt, fresh fruits, cheese, charcuterie, sweet and savoury patisseries, and breads. Includes tea, coffee, and chilled juice

### **From the Kitchen**

*Please place an order for the below with a member of staff*

#### *PORRIDGE*

Seasonal berries and honey

#### *BELGIUM WAFFLE*

Berries and honey

#### *EGGS BENEDICT*

Poached eggs, hollandaise, toasted muffin, cooked ham

#### *BAKED AVOCADO*

Poached egg, hollandaise sauce

*All details subject to change*

If your dietary requirements do not match the options available  
please email [training@heloac.ac.uk](mailto:training@heloac.ac.uk)

*Items marked as Nut Free contain no nut ingredients,  
but that the hotel cannot promise a completely nut free environment.*